



Westside Gymnastics (Girls) Parent Club (WGPC) New Gymnast Orientation 2023-2024

Welcome to WGPC!

We are excited to help you support your daughter's success in the sport of gymnastics. The following information is designed to help you understand what we do, and how you will benefit from participating.

WGPC Purpose:

- WGPC is a non-profit 501(c)3 organization whose purpose is to provide financial and administrative support to the competitive gymnastics pursuits of its member gymnasts via fundraising efforts including meets hosted by the club and all parent volunteers.
- Committed to supporting amateur gymnastics within our local, state, and regional area.
- **The Parent Club does not set or enforce Westside Academy policy nor does it direct coaches' decisions or activities including competition, gear, or meet schedules.**

Membership Benefits:

- Gymnast's parents are automatically WGPC members. All members can give input for various Parent Club decisions.
- Financial support for gymnasts competition season including meet fees, coaches' session fees, and coaches' travel costs, and other gymnasts costs as permitted by budget considerations and board approval.
- United voice of Parent's Club on matters affecting gymnasts.
- Registration for all meets for all members whose account is in good standing.
- Option to order team gear for gymnasts and parents.
- TeamSnap access for all Parent Club communication and roster.
- Annual team banquet in May/June for all families and coaches.

Meetings:

- Meetings are usually held for one hour, once a month from September through June, on a day and time that best corresponds to the number of team gymnasts at the gym. Participation is encouraged and is greatly appreciated.
- Two budget meetings are held (usually in late summer/early fall by October 1) to determine the annual budget including assessments for new and returning gymnasts. All members are invited to attend. Meetings are sequential and we recommend attending both, as information cannot be easily reviewed from one to the next.

Membership Participation:

- **There is a \$150 one-time joining fee per gymnast - you will receive more information soon**
- **Complete [new gymnast form](#)**
- **Lockers** for gymnasts will be issued after the \$150 payment is received and the new gymnast form is filled out.
- **Team communications.** We use the Slack app for team communications. An invite will come to your email after new family orientation.

- **Pay meet fees for first competition year per gymnast.** (See budget/assessment document and payment schedule.) Subject to change based on final coaches' meet selection/schedule.
- **Pay a portion of the coaches' expenses for sessions and travel.** These are divided among ALL gymnasts, level 3-10 and included in assessments.
- **Participation at all hosted meets.** Includes working at least two to three sessions (depending on meet size) as well as a set-up or tear-down of gym equipment, contribution for raffle baskets and concessions/hospitality items will be requested.
- **Fundraising.** Participation is highly encouraged to help offset competition expenses. Funds raised will be used to cover expenses for the following season. The goal is to raise approximately \$850 in profit per gymnast between meets and other efforts.
- **Pay account balances in a timely manner.** Failure to do so may affect your gymnast's ability to compete, and impacts the entire team as a whole. **Arrangements can be made with Treasurers for a payment plan.**
- **Notify Head Coach and Board Treasurers in writing at the beginning of the season of any meets in which your gymnast will not be participating.**
- **Pay meet fees for late cancellations if for reasons other than injury or coach's direction.**
- **Full membership begins immediately.** New members are encouraged to actively participate in hosted meet jobs and fundraising efforts.
- **Volunteer time and talents.** If interested in a greater level of involvement, there are many opportunities! Attend meetings or email the Co-Presidents to learn more.

If you have any additional questions or concerns, we would be more than happy to help!

2023-2024 WGPC Board

President: Kathryn Goforth (Level 6)
wgpcpresidents@gmail.com

Vice-President: TBD
wgpcpresidents@gmail.com

Co-Treasurer: Morgan Shavers (Level 7)
wgpctreasurer@gmail.com

Co-Treasurer: Lainie Stambaugh (Level 3)
wgpctreasurer@gmail.com

Other Board Members

Secretary: Jessica Jones

Fundraising Chair: Michelle Miller

Level Reps:

Level 3: Tim & Liz Sweeney

Level 4: Cyreena Boston Ashby

Level 6-7: Mary Pomerleau

Level 8-10: Jenny Deeb

Coaches

Denise Nontavarnit: Gym Co-Owner / Gymnastics Program Manager / Optional Coach
dnontavarnit@westsideacademy.com

Drew Grow: Optional Team Director drew.grow@gmail.com

Haylee Trautman: Compulsory Head Coach htrautman@westsideacademy.com

Jenni Owens: Compulsory jhart@westsideacademy.com

Adrienne Gassaway: Compulsory